

Subject: [BioAdv] Newsletter 2/5/2019
Date: Tuesday, February 5, 2019 at 10:47:32 AM Eastern Standard Time
From: BioAdvising on behalf of Bio Dept Majors' Announcements <bioadvising@list.pitt.edu>
To: Bio Dept Majors' Announcements <bioadvising@list.pitt.edu>
Attachments: ATT00001.txt

Bio Advising Newsletter – 2/5/2019

OVERVIEW (See below for details)

ADVISING

1. Enrollment Advising Meetings (Summer & Fall)
2. Monitored Withdrawal – deadline Mar 8
3. Final Exam Conflict Accommodation – deadline Mar 13
4. Walk-In Resume/CV Feedback with Ellen

BIO PEER ADVISING

5. Bio Blog: Computational Docking
6. Peer Advisor Add/Drop Office Hours

BIO DEPT

7. Bio Research Poster Session Abstracts – deadline Feb 11
8. Women's & Children's Health Career Seminar – Feb 13
9. Summer Mentor/Mentee Research Fellowship – deadline Feb 15
10. Undergrad Research Poster Session – Feb 22
11. Summer REU at Pymatuning – deadline Feb 22

CHECK IT OUT

12. Counseling Center Wellness Workshops & Group Therapy
13. Career Fair Prep Week – Feb 5-8
14. Fund Study Abroad in UK Info Session – Feb 11
15. Spring Career + Internship Fair – Feb 12-13,15
16. Pitt Challenge Hackathon – Mar 1-2

HEALTH PROFESSIONS

17. Pitt Women in Healthcare's PT Mentor-Mentee Program
18. 2020 Cycle Applicants
19. AAMC Fee Assistance Application
20. Personal Care Attendant Job
21. Pre-Vet Leadership Award – deadline Feb 15
22. Virtual Med Career Fair – Feb 21
23. Pitt Pre-Health Summit – Feb 23
24. Vet Med Career Fair – Mar 10

SUMMER OPPORTUNITIES

25. Univ Alabama Research & Grad/Med Programs – deadline Feb 15
26. Pitt Undergrad Research Awards – deadline Feb 18
27. Loyola Univ Baltimore Health Immersion – deadline Feb 25
28. Case Western Heart, Lung and Blood Program – deadline Mar 1
29. Pitt Brackenridge Research Fellowship – deadline Mar 4
30. Houston Zoo Conservation Internship – deadline Mar 13

*** DETAILS *** DETAILS ***

1. Enrollment Advising Meetings (Summer & Fall)

We are now starting appointments for long-term planning and to have your hold lifted for Summer AND Fall classes. Grab an appointment before the March rush!

Appointment sheets for Christine, Dan, Ellen, Jessica, and Kevin are out in A258 Langley.

- Summer enrollment begins Feb 11
- Fall enrollment begins March 25

BRING YOUR BLUE ADVISING FOLDER AND UPDATED PLAN TO YOUR MEETING.

Newly Declared students must attend a Group Advising Meeting prior to signing up for an Individual Advising Meeting.

=====

2. Monitored Withdrawal – deadline Mar 8

March 8 is the deadline for students to withdraw from an undergraduate course in the Dietrich School without penalty or credit. This will show up as a “W” on your transcript.

Complete the form in 140 Thackeray.

Have questions about withdrawing from a class? Reach out to an advisor.

=====

3. Final Exam Conflict Accommodation – deadline Mar 13

If you have three or more final exams in one day, you may request an alternate final exam time. Please see the [Final Exam Conflict Accommodation Procedure](#).

If you are not able to work out an alternate time with your instructor, fill out the [Final Exam Conflict Accommodation Form](#), and return it to G-2 Thackeray Hall by the monitored withdrawal date Wednesday, March 13, 2019.

More info & final exam schedule: https://www.registrar.pitt.edu/assets/pdf/2194_EXAMS.pdf

=====

4. Walk-In Resume/CV Feedback with Ellen

Ellen will be holding walk-in hours in for resume/CV feedback on Thursdays and Fridays. Bring a copy of your resume/CV if you want to review it with her!

Where: A257 Langley

When:

- Thursdays from 9-10am
- Fridays from 12-1pm

=====

5. Bio Blog: Computational Docking

This week, Yogi talks about Bioinformatics and Computational Docking! Don't know what that means? Read his blog post!

Blog link: <https://pittbioblog.weebly.com/blog/utilizing-bioinformatics-for-testing-ligand-protein-interactions>

=====

6. Peer Advisors Regular Office Hours

It is time to start planning for Summer and Fall classes! Meet with our peer advisors if you have questions or need

help planning before your advising appointment.

Peer Advisors will be holding regular office hours in Langley A230:

- Colton & Yogi: Monday 10am-11am
- Nora & Parker: Monday 2pm-3pm
- Lisa & Kristen: Tuesday 4pm-5pm
- Sofie & Julia: Wednesday 9am-10am
- Isabella & Owen: Friday 3pm-4pm

=====
7. Bio Research Poster Session Abstracts – deadline Feb 11

Interested in presenting at the poster session? Abstracts are due Feb 11 to Dr. Kaufmann at nkaufman@pitt.edu.

Abstract guidelines: <https://www.biology.pitt.edu/abstract>

=====
8. Women's & Children's Health Career Seminar – Feb 13, 1-2pm, WPU 540

Interested in a career in women's or children's health? Want to learn more about different career options in this field? Come to our panel of experts to learn more about the requirements and lifestyles!

- Alicia Haupt, MD - Pediatrician, Children's Hospital of Pittsburgh
- Michele Clemens, MS, LCGC - Genetic Counselor, UPMC Center for Clinical Genetics and Genomics
- Dara Mendez, PhD, MPH - Assistant Professor, Epidemiology, Pitt Public Health
- Danielle Eland, RN - Neonatal ICU, Children's Hospital of Pittsburgh

Add to your Facebook Events: <http://bit.ly/2RGz5bw>

=====
9. Mentor/Mentee Summer Research Fellowship – deadline Feb 15

The Department of Biological Sciences' Mentor/Mentee Summer Fellowship Program is now accepting applications for the summer 2019 program.

This 11-WEEK program reserved for University of Pittsburgh (Pittsburgh campus) undergraduates runs May-August. The program includes:

- **Research in a faculty laboratory.** All students work in a lab in the Department of Biological Sciences or Neuroscience.
- **Mentoring activities.** Mentor and mentee undergraduates from different labs work in pairs and small groups to discuss challenges in research and build a diverse life sciences research community.
- **Seminar series and workshops.** Students share their own research and learn about research at Pitt through twice-weekly meetings including journal clubs and career-building activities. The summer ends with a symposium filled with posters and talks presented by summer mentor and mentee fellows.

More info & apply: <http://bit.ly/2DsfZSg>

=====
10. Undergrad Research Poster Session – Feb 22, 4pm, Langley Lobby

Learn about biology and neuroscience research going around on campus. Meet students currently doing research. Network with faculty!

Add to your Facebook calendar: <http://bit.ly/2MmEpi0>

=====
11. Summer REU at Pymatuning – deadline Feb 22

The Richards-Zawacki lab at the University of Pittsburgh invites undergraduate applicants for a 10-week summer research experience at the Pymatuning Lab of Ecology in northwestern Pennsylvania (<http://www.biology.pitt.edu/facilities/pymatuning>). This position is part of the National Science Foundation's Research Experiences for Undergraduates (REU) program. Ongoing work in the Richards-Zawacki lab aims to clarify the relationship between climate and the dynamics of chytridiomycosis, a fungal disease that threatens amphibian populations on several continents. The successful applicant will work collaboratively with other members of the Richards-Zawacki lab to survey local amphibians for *Batrachochytrium* fungi, the pathogens that cause chytridiomycosis, and also design and carry out an independent project related to amphibian ecology. Room and board at the Pymatuning Lab of Ecology will be provided, along with transportation to and from the field station and a stipend of \$500/week.

The position is open to undergraduate students who are citizens or permanent residents of the United States or its possessions and are enrolled in a degree program (part-time or full-time) leading to a baccalaureate or associate degree. To be eligible, the applicant must not have completed their degree prior to the start of the REU experience.

To apply, please send a one page personal statement (about your scientific interests and how this REU will support your professional goals), your resume or cv, unofficial transcripts, and the names of two professional references (including title, address, phone number and email address) to Dr. Cori Richards-Zawacki (cori.zawacki@pitt.edu). Applications are due **February 22, 2019**.

Please direct any questions you may have about the program to Dr. Richards-Zawacki (cori.zawacki@pitt.edu).

=====

12. Counseling Center Wellness Workshops & Group Therapy

The Counseling Center has updated their workshop and group therapy schedules for the Spring term.

Workshops are interactive presentations focused on building specific skills for a wide variety of topics. Sessions include: Managing Test Anxiety, Express Your Stress, Financial Wellness, Bouncing Back, Healthy Relationships and more.

Group counseling/therapy provides an opportunity to be part of group of six to eight students who meet regularly over the course of one academic term to share concerns, explore personal issues, and learn new skills under the guidance of one or two group leaders/facilitators.

More info & signup for **workshops**: <http://www.studentaffairs.pitt.edu/cc/services/workshops/>

More info & signup for **group therapy**: <http://www.studentaffairs.pitt.edu/cc/services/group/>

=====

13. Career Fair Prep Week – Feb 5-8

Get ready to meet with employers at the Career Fair next week!

More info on events: <http://www.studentaffairs.pitt.edu/cdpa/>

=====

14. Fund Study Abroad in UK Info Session – Feb 11, 3pm, Cathedral 37th floor

Want to study in the UK? Learn how to make it happen.

Aidan Beatty, a Pitt Honors Scholarship Mentor from Ireland, will share information and advice about applying for scholarships to study abroad in the UK, and what to expect.

- **Rhodes** - 3-year scholarship to Oxford for a graduate or 2nd undergraduate degree
- **Marshall** - 1-2 years of graduate school at any UK university
- **Churchill** - 1 year of science graduate school at Churchill College, Cambridge
- **Gates Cambridge** 1 year of graduate school at Cambridge
- **Mitchell** - 1 year of graduate school at any college in Ireland
- And other opportunities.

If you're interested in applying for any of these awards, Aidan can also help you craft a more competitive application, practice interviewing, and more. Honors Scholarship Mentors guide dozens of Pitt students to win prestigious awards every year.

More info: <http://bit.ly/2sh0jeq>

=====

15. Spring Career + Internship Fair – Feb 12-13, 15, WPU

February 12: Engineering
February 13: Computing & Information
February 15: Liberal Arts, Sciences, & Business

- Explore internship and full- and part-time employment opportunities.
- Meet with representatives from local, regional, and national nonprofits, corporations, and government agencies.
- Earn OCC credit.
- Wear professional attire (no jeans permitted).
- Bring plenty of resumes.
- Don't forget to download the Career Fair Plus app from the App Store or Google Play, then search for the University of Pittsburgh!
- No pre-registration required.

More info: https://pitt.joinhandshake.com/career_fairs/8170

=====

16. Pitt Challenge Hackathon – Mar 1-2, WPU Assembly Room

A hackathon sponsored by the University of Pittsburgh School of Pharmacy and the Clinical and Translational Science Institute (CTSI).

Everyone – pharmacy students, med students engineers, designers, developers and more – welcome to help solve some of the biggest challenges facing healthcare today.

More info & register: <https://pittchallenge.com/>

=====

17. Pitt Women in Healthcare's PT Mentor-Mentee Program

Attention all women interested in pursuing a career in physical therapy or on the pre-physical therapy track! Join Pitt Women in Healthcare's Physical Therapy Mentor-Mentee program to be paired with a graduate student within the SHRS Doctorate of Physical Therapy program.

There will be about 2-3 meetings (TBA) discussing the DPT admissions process, recommendation letters, internships, volunteering, available certificates to obtain within SHRS, and more.

If you are interested and would like to be added to the mailing list, please email WIHpitt@gmail.com.

=====

18. 2020 Cycle Applicants

- Make an appointment with the Health Advising Office <https://www.appointmentquest.com/scheduler/2160041238>
 - Time to begin your resume and personal statement
 - Plan to take MCAT, DAT, GRE, OAT
 - Consider letter writers

- **Fee Assistance** – Most application services offer fee assistance. Research the process and collect the materials you need. A finite number of awards exist and early submission is a competitive edge.



19. AAMC Fee Assistance

The AAMC Fee Assistance Program assists those who, without financial assistance, would be unable to take the Medical College Admission Test® (MCAT®), apply to medical schools that use the American Medical College Application Service® (AMCAS®), and more.

More info & apply: <http://bit.ly/2MNM5FK>



20. Personal Care Attendant Job

Location: South Hills

Sara is looking for assistance with personal care and outings.

Shifts

Sunday 7a to 3p OR Sunday 3p to 11p OR Sunday 7a to 11p
\$16/hr

Applicants must meet the following criteria:

Have an extremely calm personality. Can go with the flow. Listen very well. Have a hobby you can bring with you. Can occupy yourself for hours at a time. Have professional experience with people with disabilities. But more importantly, mesh with my personality. Professional, but not too serious. Calm, but likes some randomness. Can go with any flow. **Reliable transportation to and from work. Not on bus line. Be comfortable driving an SUV with a valid driver's license.** Able to pass a drug test. 18 years of age or older. Able to pass a background check. Lived in Pennsylvania for the past two years.

Daily tasks to expect but are not limited to: Bathing, Hair care, Dressing, Meal Prep/Feeding, Light housekeeping, Shopping, Transportation, Toileting, Transfers (must be comfortable lifting 50 pounds) , Social/leisure activities, Traveling, Swimming

If you are interested, please email answers to the following questions to me at sara.pyszka@gmail.com

- Name.
- Location.
- A little about yourself.
- Detailed work experience.
- Hobbies and interests.
- Your experience with people with disabilities.
- One fun fact about yourself.

Sara Pyszka
Author of *Dancing Daisies* and *Switch the Song*
sara.pyszka@gmail.com
www.sarapyszka.com



21. Pre-Vet Leadership Award – deadline Feb 15

The AAVMC is launching the 2019 Pre-Veterinary Leadership Award (PVLA). Applicants from the 2019 VMCAS cycle, and who are members of a pre-veterinary club are eligible for this exciting award that was established three years ago.

The PVLA recipient will receive an impressive glass, engraved award as well as two checks: \$500 towards their application fees and \$500 for their pre-veterinary club.

Submissions can be completed using two methods: Self-Nomination or folks can nominate someone else. Self-Nominations include an essay and recommendation letter.

The PVLA submission cycle closes on February 15th. The submissions are voted on by the AAVMC's Admissions & Recruitment Committee (ARC) and the winner is announced during the Gala Dinner at the APVMA National Symposium on March 9th. The actual presentation of the award and checks will be held at the winner's home institution in April, 2019.

More info: https://www.aavmc.org/additional-pages/pvla_2019.aspx

=====

22. Virtual Med Career Fair – Feb 21

Register to attend the AAMC Virtual Medical School Fair, February 21, 2019, and connect with representatives from over 65 medical schools, application services, pre-health advisors and more. Attendance is FREE.

[View medical schools](#) who will be chatting at the fair

More info & register: <https://aamc.6connex.com/event/medschoolfair/2019/login>

=====

23. Pitt Pre-Health Summit – Feb 23, 8:30am-4pm, WPU

The Pitt Coalition of Pre-Health Students is hosting its third annual Pre-Health Summit, an event that emphasizes interprofessionalism and collaboration in all healthcare sectors. Summit is an amazing opportunity for networking, conferencing, and learning more about the interconnected pre-health community, in Pittsburgh.

More info & register: www.tinyurl.com/2019CPHSSummit

=====

24. Vet Med Career Fair – Mar 10, 1-5pm, Washington, DC

Save the date for the AAVMS's Annual Veterinary Medical Career Fair & Information Sessions. This free event is for any undergraduate student with an interest in the veterinary medical profession.

More info & register: https://aavmc.co1.qualtrics.com/jfe/form/SV_2nOWphKvwT7Jr6Z

=====

25. Univ Alabama Research & Grad/Med Programs – deadline Feb 15

The University of Alabama at Birmingham is offering three summer opportunities: the **Summer in Biomedical Sciences (SIBS) Undergraduate Research Program**, the **Preparation for Graduate and Medical Education (PARAdiGM)**, and the **UAB Kidney Undergraduate Research Program (KURE)**. These programs introduce outstanding undergraduates to the exciting career options of being a scientific investigator while also being a practicing physician.

(SIBS) <http://www.uab.edu/sibs>

(PARAdiGM) <http://www.uab.edu/medicine/paradigm/>

(KURE) <https://www.uab.edu/medicine/nephrology/research/cardio-renal-physiology-and-medicine/kure>

To apply to all programs through a single application: <https://www.uab.edu/medicine/sibs/application>

=====

26. Pitt Undergrad Research Awards – deadline Feb 18

The Summer Undergraduate Research Awards (SURA) provide a \$4,000 stipend to conduct independent research over the summer. Titles of recent SURA topics range from Internet Memes and Popular Culture to The Mirror and the Mind: Medieval Literary Mirrors and the Neuroscience of the Mirror Response. SURA recipients also enroll in a 12-week summer SURA course to learn how to communicate their research findings to a general audience.

All SURA recipients participate in an ethics workshop. Because ethical concerns are inherent in every kind of research, the ethics workshop provides students, faculty, and staff with a meaningful opportunity to reflect on the kinds of ethical concerns that will guide young scholars far into the future.

More info & apply: <https://www.asundergrad.pitt.edu/research/awards>



27. Loyola Univ Baltimore Health immersion – deadline Feb 25

Baltimore Health Immersion is a five-week intensive summer program designed to cultivate capacities and skills integral to students' development as culturally competent health professionals in the twenty-first century. Students completing the program earn 6 credits.

Integrated coursework, service-learning in a multicultural and socially diverse urban health care setting, and co-curricular activities challenge students to learn, lead, and serve in our diverse and changing world.

More info & apply: <https://www.loyola.edu/academics/pre-health/baltimore-health-immersion>



28. Case Western Heart, Lung and Blood Program – deadline Mar 1

The Heart, Lung and Blood Summer Research Program is designed to engage 12 diverse undergraduates in state-of-the-art biomedical research in cardiovascular, pulmonary, hematological and sleep disorders research. Students who belong to groups underrepresented in biomedical sciences are eligible to apply.

More info & apply: <http://bit.ly/2HS6kJ9>



29. Pitt Brackenridge Research Fellowship – deadline Mar 4

The Brackenridge (BE) fellowships support full-time undergraduate students on the Oakland campus while they devote full-effort to conducting an independent research or creative project under the guidance of a faculty or graduate student mentor. These Fellowships are open to undergraduates from any field.

Brackenridge Fellows receive a stipend of \$4,000 for the summer (mid-May through early August) to assure that they can devote themselves full-time to their projects and the associated responsibilities without having to support themselves by means of a summer job. Fellows may not take a summer course or hold a summer job.

More info & apply: <https://honors.pitt.edu/BE>



30. Houston Zoo Conservation Internship – deadline Mar 13

Are you interested in diving deeper into the world of conservation education and becoming a member of the next generation of conservation heroes? Apply now for an internship with the Houston Zoo Collegiate Conservation Program sponsored by ExxonMobil.

Ten interns will be selected to train, learn, and collaborate for 10 weeks at the Houston Zoo and regional conservation partner locations from May 20, 2019 – July 26, 2019. Interns will receive a \$1,500 stipend at the conclusion of the internship to offset living expenses during the experience. The stipends are sponsored by a generous donation from ExxonMobil.

More info & apply: <https://www.houstonzoo.org/make-memories/adults/collegiate-conservation-program/>



Until next week,

Christine Berliner
Ellen Kelsey
Jessica Wandelt

Dan Wetzel
Kevin Wu

bioadv@pitt.edu

Advisors, Biological Sciences
A258 Langley Hall
University of Pittsburgh