

Subject: [BioAdv] Newsletter 1/15/2019
Date: Tuesday, January 15, 2019 at 12:17:25 PM Eastern Standard Time
From: BioAdvising on behalf of Bio Dept Majors' Announcements <bioadvising@list.pitt.edu>
To: Bio Dept Majors' Announcements <bioadvising@list.pitt.edu>
Attachments: ATT00001.txt

Bio Advising Newsletter – 1/15/2019

OVERVIEW (See below for details)

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*** **DETAILS** *** **DETAILS** ***

1. Advising: Drop-Ins & Appointments

We are primarily taking walk-ins to serve students with time-sensitive questions, scheduling issues, and permissions. Drop by if we can help you with something!

Appointments for in-depth Academic and Career planning, and Summer / Fall Term Advising Holds begin **January 22**. Sign-up Sheets with your favorite departmental advisors are out in the Advising Office (A258 Langley)!

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2. Enrollment Deadlines: Add/Drop Jan 18; Extended Drop Jan 25

Add/Drop – Friday, Jan 18

Extended Drop – Friday, Jan 25 (See guidelines here: <http://bit.ly/2s8tK2j>)

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3. UTA/Research/Internship Forms – deadline Jan 18

BIOSC 1690/1901/1903/1904 Forms can be found online at: <http://biology.pitt.edu/undergraduate/forms>

Forms need to be completed and turned in to any advisor at A258 Langley.

Advisors will enroll you within 1 business day.

Please make sure the credits you plan on enrolling in will NOT put you over 18 credits for the term.

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4. Class Waitlists

There is no guarantee with wait-lists. Consider these points to assess your chances:

1. How big is the class? If there are 75-150 students there's a good chance of 2 students dropping. If there are 14 students there's a much lower chance of 2 drops.
2. Is the time-slot available in your schedule? If you are #1 on the wait-list but have a time conflict, the computer will skip you and enroll #2. So, make sure the time slot is open!
3. If you are adding onto a waitlist now, but have a conflict, use the SWAP function. This tells the computer to drop the conflicting class when it enrolls you from the waitlist.
4. Even if you don't get in this week, go to the first day of class! At the end of class introduce yourself to the instructor and explain that you are on the wait-list.
5. MOST IMPORTANTLY, come up with a plan B for if you do not get into this course. Find an open class that will satisfy the requirement.

Finally... Please remove yourself (do a DROP) from wait-lists if you no longer want the class.

This avoids you accidentally being enrolled, and helps faculty and students know how big the waitlist really is, and whether they can do something about it.

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5. Satisfactory/No Credit Grade Change – deadline Feb 1

By Jan 18, you can change your grade option in your Student Center. After add/drop and before Feb 1, you can change your grade option by filling out a Grade Option Change Form at 140 Thackeray Hall.

“Certain courses are offered on the S/NC (Satisfactory/No-Credit) grade option. This option was designed to encourage students to explore new and potentially difficult subjects without fear of the risks of failure. Under this option, a student who does satisfactory work (a grade of C or better) in a course receives the grade of S. If the

student's work is not satisfactory (a grade of C- or lower), the grade of NC (No Credit) is given. Courses for which an S is received are counted toward graduation, but are not computed in the GPA. Courses in which an NC is received are counted toward neither graduation nor the GPA."

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6. Peer Advisors Regular Office Hours

Have questions? Your peers may be able to help!

Peer Advisors will be holding walk-in hours during add/drop in Langley A258:

- Colton & Yogi: Monday 10am-11am
- Nora & Parker: Monday 2pm-3pm
- Lisa & Kristen: Tuesday 4pm-5pm
- Sofie & Julia: Wednesday 9am-10am
- Isabella & Owen: Friday 3pm-4pm

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7. Bio Fleece Jackets for Sale (Part 2)

Back by popular demand! Links to order jackets have been reopened!

Two senior Biological Sciences majors have designed, with Underground Printing, full-zip fleece jackets with the Pitt Insignia and "Biological Sciences" embroidery for purchase! The jackets are \$55 paid with credit or debit online. There are various colors and cuts available to choose from. See below to access the ordering site.

All orders are due by January 31, 2019 and should be ready for free on-campus pick-up beginning February 14, 2019 (times/locations TBA). There is also a shipping option (with extra fee) if you will not be on campus.

If you have questions or want to see a jacket in person, contact **Kristen Richards** at KRR66@pitt.edu.

For Free Campus Pick-Up: <http://bit.ly/2CbaA04>

For Paid Shipping: <http://bit.ly/2RkMpgy>

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8. SENS Foundation Postbac Fellowship – deadline Mar 4

The SRF Postbaccalaureate Fellowship Program offers recent graduates the opportunity to conduct biomedical research to combat diseases of aging, such as cancer, atherosclerosis, and Parkinson's Disease. Like SRF's Summer Scholars Program, the goal of the Postbaccalaureate Fellowship Program will be to prepare participants for a career in regenerative medicine research. Under the guidance of a scientific mentor, each Fellow will take control of his or her own research project. Training will also include writing assignments that will improve each Fellow's ability to generate grant proposals, abstracts, and other scientific reports.

More info & apply: <http://www.sens.org/education/research-opportunities/srf-postbaccalaureate-fellowship-program>

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9. Full-Time Research Employment Opportunity

The HSCRF Genomics Research Core is an institutional resource that provides genomics and transcriptomics experimental services to University of Pittsburgh researchers. The incumbent will develop and perform complex assays, robust procedures and quality control and assurance measures. The incumbent will perform independent experiments involving: Sanger sequencing – DNA and RNA extraction and quantification – real time PCR – genotyping – assessment of gene expression – and will assist with other procedures as assigned by supervisor. Attention to detail and basic computer skills including knowledge of MS Office software is required. The incumbent will troubleshoot problems and assure data quality meets standards for complex laboratory experiments. Previous experience with basic molecular biological assays including nucleic acid extractions, Sanger sequencing and data management is desired. Must have excellent written and verbal communication skills in order to provide the necessary customer service.

Contact Janette Lamb, Director, Genomics Research Core: jal18@pitt.edu

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10. Undergrad Summer Research Q&A – Jan 25, 3:30pm, Langley A214

Hear from current students who have done summer research and received summer research fellowships.

Add to your Facebook event calendar: <http://bit.ly/2AAbUcS>

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11. Resume/CV Workshop – Feb 1, 2pm, Crawford 241

Learn the components of a resume/CV and how to tailor your resume for the position you want. Don't forget to bring your current resume to get feedback!

Add to your Facebook event calendar: <http://bit.ly/2CVJxrg>

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12. Mentor/Mentee Summer Research Fellowship – deadline Feb 15

The Department of Biological Sciences' Mentor/Mentee Summer Fellowship Program is now accepting applications for the summer 2019 program.

This 11-WEEK program reserved for University of Pittsburgh (Pittsburgh campus) undergraduates runs May-August. The program includes:

- **Research in a faculty laboratory.** All students work in a lab in the Department of Biological Sciences or Neuroscience.
- **Mentoring activities.** Mentor and mentee undergraduates from different labs work in pairs and small groups to discuss challenges in research and build a diverse life sciences research community.
- **Seminar series and workshops.** Students share their own research and learn about research at Pitt through twice-weekly meetings including journal clubs and career-building activities. The summer ends with a symposium filled with posters and talks presented by summer mentor and mentee fellows.

More info & apply: <https://www.biology.pitt.edu/undergraduate/awards-and-fellowships/mentormentee>

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13. Pitt Women in Healthcare's PT Mentor-Mentee Program

Attention all women interested in pursuing a career in physical therapy or on the pre-physical therapy track! Join Pitt Women in Healthcare's Physical Therapy Mentor-Mentee program to be paired with a graduate student within the SHRS Doctorate of Physical Therapy program.

There will be about 2-3 meetings (TBA) discussing the DPT admissions process, recommendation letters, internships, volunteering, available certificates to obtain within SHRS, and more.

If you are interested and would like to be added to the mailing list, please email WIHpitt@gmail.com.

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14. How to Write Wow-Worthy Personal Statements – Jan 16, 3-4pm, Cathedral 37th floor

THE defining factor for tons of scholarships? **Personal statements.**

It's HARD to talk about yourself. But Pitt's Scholarship Mentors have some tips to make it a little easier. Learn to wow scholarship committees with a memorable, compelling story (and not the same old one everybody tells.)

More info: <http://bit.ly/2VBuyKm>

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15. Osteopathic Med School Online Fair – Jan 17

AACOM, along with the Colleges of Osteopathic Medicine, will be hosting another online Medical School Fair on Thursday, January 17th from 9am-9pm ET. In the AACOM Online Booth there will be a variety of interesting topics planned throughout the day. All of the member colleges have exciting activities happening in their booths as well!

More info: <http://bit.ly/2VCX26D>

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16. Summer Study Abroad Applications – deadline Jan 20

There's Still Time To Apply for Summer Study Abroad!

If you've been thinking about study abroad this summer but think it's too late to get started, it's not! Applications are open until midnight on January 20th, which is plenty of time to apply!

Whether you are looking to take care of some gen eds, get an internship, do research, or get closer to finishing your major, Pitt Study Abroad has a program for you! With 350 programs in more than 75 countries and for every major on campus, you can make the most out of your summer.

Get started by stopping by the study abroad office in 802 William Pitt Union - open from 9:30-5, Monday - Friday, and there's always someone who can answer your questions! Or, if you'd rather start online, check about www.abroad.pitt.edu/programs to see everything Pitt Study Abroad has to offer.

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17. Write Wow-Worthy Personal Statements Workshop – Jan 23, 3-4pm, Cathedral 37th floor

THE defining factor for tons of scholarships? Personal statements. Let's look at some real examples — of winners, and also seemingly great essays that didn't win. Why not?

You can even **bring your own drafts and ideas** for helpful feedback from Pitt's Scholarship Mentor team.

More info: <http://bit.ly/2GZP5VV>

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18. ACC Meeting of Minds Research Conference – deadline Jan 25

Student Applications to attend ACC Meeting of Minds Research Conference are due January 25, 2019 by 5pm.

The 14th Annual Atlantic Coast Conference (ACC) Meeting of the Minds will be held at the University of Louisville from March 29th-31st, 2019. This is an outstanding undergraduate research conference that brings together the best undergraduate researchers from all member ACC schools.

Pitt is looking for six outstanding undergraduate researchers to attend this conference and represent the University.

The Request for Undergraduate Participants is online at:
https://www.provost.pitt.edu/sites/default/files/Pitt_ACC_MOM_announcement_2019.pdf

More information about the Meeting of the Minds Conference at the University of Louisville can be found at:
<https://louisville.edu/provost/ug-research/minds>

Applications from students or their faculty mentors can be sent to Professor Meriney at meriney@pitt.edu by January 25th, 2019.

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19. Randall Family Big Idea Competition – deadline Feb 5

The Randall Family Big Idea Competition needs you. Are a Pitt student of any level from anywhere in the university, and you have a big idea for a new product, startup or nonprofit, or just to make the world a better place? Or would you like to see what ideas other Pitt students have that you can use your skills and creativity to help develop? If so,

you should submit your application by February 5, 2019.

More info & apply: <https://go.innovation.pitt.edu/rfbic2019>

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20. Fund Study Abroad in UK Info Session – Feb 11, 3pm, Cathedral 37th floor

Want to study in the UK? Learn how to make it happen.

Aidan Beatty, a Pitt Honors Scholarship Mentor from Ireland, will share information and advice about applying for scholarships to study abroad in the UK, and what to expect.

- **Rhodes** - 3-year scholarship to Oxford for a graduate or 2nd undergraduate degree
- **Marshall** - 1-2 years of graduate school at any UK university
- **Churchill** - 1 year of science graduate school at Churchill College, Cambridge
- **Gates Cambridge** 1 year of graduate school at Cambridge
- **Mitchell** - 1 year of graduate school at any college in Ireland
- And other opportunities.

If you're interested in applying for any of these awards, Aidan can also help you craft a more competitive application, practice interviewing, and more. Honors Scholarship Mentors guide dozens of Pitt students to win prestigious awards every year.

More info: <http://bit.ly/2sh0jeg>

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21. RIT's List of Opportunities

Rochester Institute of Technology (RIT) has an expansive list of summer research opportunities. These are not updated for 2019, but you can go to individual programs and see if the individual programs have been updated. Deadlines are soon approaching and you will want to start looking now!

More info: <http://bit.ly/2F3gghl>

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22. Tufts Adventures in Vet Med

The Cummings School of Veterinary Medicine at Tufts University is now accepting applications for the 2019 [Adventures in Veterinary Medicine \(AVM\)](#) program.

AVM is an exciting and intensive program where participants can explore the wide variety of careers available within veterinary medicine and discover first-hand what it is like to attend veterinary school.

For students who are trying to determine whether veterinary medicine is the right career path, AVM is a great way to gain a deeper understanding of the profession. The program is also helpful for students who have already decided on a future in veterinary medicine, as it allows them to experience life as a veterinary student and explore opportunities within the field. Many past AVM participants have successfully gained admission to veterinary school both at Tufts and at other schools.

More info: <http://vetsites.tufts.edu/avm/>

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23. Pitt SOM SURP – deadline Feb 1

Six graduate programs in the Pitt School of Medicine sponsor SURP - an annual Summer Undergraduate Research Program. SURP participants engage in an intensive 10-week program designed to provide hands-on experience in biomedical research, together with guidance on how to plan for a research-related career. SURP-2019 will run from May 20 through July 26, 2019.

Through SURP, aspiring biomedical scientists gain significant experience to help decide whether a life in research is

“right” for them. SURP serves as a stepping-stone from undergraduate studies to advanced PhD training in the biological and biomedical sciences.

More info & apply: <http://somgrad.pitt.edu/programs/summer-research/summer-undergraduate-research-program>

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24. Allegheny Health Research Intern – deadline Feb 1

The Medicine Institute (MI) Research Program at Allegheny Health Network (AHN) is seeking applicants for its Class of 2019 Summer Research Internship Program.

The program offers undergraduate, graduate, and medical students the opportunity to conduct an independent research project over the course of an eight-week internship under the mentorship of an MI faculty member. Interns gain experience in all aspects of the research process including reviewing relevant literature, developing experimental protocols, conducting experiments at the bench or bedside, analyzing data, and delivering an oral presentation of their project to MI faculty and staff at the end of the internship.

Positions are supported by a stipend from AHN or by academic credit from your school. Assistance with locating housing in Pittsburgh during the summer is available upon request to students invited to participate in the internship program.

More info & apply: <https://apply.interfolio.com/58358>

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25. SENS Foundation Scholars Program – deadline Feb 4

The SRF Summer Scholars Program offers undergraduate students the opportunity to conduct biomedical research to combat diseases of aging, such as cancer, Alzheimer's, and Parkinson's Disease. Under the guidance of a scientific mentor, each Summer Scholar is responsible for his or her own research project in such areas as genetic engineering and stem cell research. The Summer Scholars Program emphasizes development of both laboratory and communication skills to develop well-rounded future scientists, healthcare professionals, and policy makers. Students participating in the program will hone their writing skills via periodic reports, which are designed to emulate text scientists commonly must produce. At the end of the summer, students will have the opportunity to put all of their newly developed communication skills into practice at a student symposium.

More info & apply: <http://www.sens.org/education/research-opportunities/srf-summer-scholars-program>

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26. Hanley Center Healthcare Internship – deadline Feb 4

The Hanley Center's summer Undergraduate Healthcare Leadership Internship (UHLI) Program has been designed to connect undergraduates with paid experiential summer internship opportunities in health and healthcare sites across Maine.

Through its extensive alumni network, the Hanley Center in partnership with Maine college and universities provides these opportunities to keep young people in Maine. The Hanley Center believes that a combination of leadership development, paid internships, and mentoring is a powerful tool for addressing a portion of Maine's growing healthcare workforce shortage. Established in 2011, the UHLI program is building a supportive network of young people who share a deep commitment to healthcare and Maine.

More info & apply: <https://www.hanleyleadership.org/leadership-courses/healthcare-leadership-internship/>

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27. Marshall Univ Research for Minority Students – deadline Feb 8

Marshall University Joan C. Edwards School of Medicine (MU JCESOM) Graduate Program is offering the Summer Research Internship for Minority Students (SRIMS) for its 11th year!

The SRIMS program includes nine weeks of graduate-level research in the field of biomedical sciences. Participants receive formal research training while expanding their learning experience through workshops, seminars on current topics, mentoring and professional networking.

More info & apply: <https://jcesom.marshall.edu/research/srims>

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28. Pitt Undergrad Research Awards – deadline Feb 18

The Summer Undergraduate Research Awards (SURA) provide a \$4,000 stipend to conduct independent research over the summer. Titles of recent SURA topics range from Internet Memes and Popular Culture to The Mirror and the Mind: Medieval Literary Mirrors and the Neuroscience of the Mirror Response. SURA recipients also enroll in a 12-week summer SURA course to learn how to communicate their research findings to a general audience.

All SURA recipients participate in an ethics workshop. Because ethical concerns are inherent in every kind of research, the ethics workshop provides students, faculty, and staff with a meaningful opportunity to reflect on the kinds of ethical concerns that will guide young scholars far into the future.

More info & apply: <https://www.asundergrad.pitt.edu/research/awards>

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29. Pitt Vascular Med SURP – deadline Feb 28

The [University of Pittsburgh](#), in cooperation with the [American Heart Association](#) and the [Vascular Medicine Institute](#), offers a stipend to support summer research experiences in cardiovascular sciences or brain ischemia research for undergraduates mentored by a University faculty member. The SURP is designed to expose students to cutting-edge basic and translational cardiovascular research.

More info & apply: <http://www.vmi.pitt.edu/aha-surp/index.html>

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30. Pitt Brackenridge Research Fellowship – deadline Mar 4

The Brackenridge (BE) fellowships support full-time undergraduate students on the Oakland campus while they devote full-effort to conducting an independent research or creative project under the guidance of a faculty or graduate student mentor. These Fellowships are open to undergraduates from any field.

Brackenridge Fellows receive a stipend of \$4,000 for the summer (mid-May through early August) to assure that they can devote themselves full-time to their projects and the associated responsibilities without having to support themselves by means of a summer job. Fellows may not take a summer course or hold a summer job.

More info & apply: <https://honors.pitt.edu/BE>

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Until next week,

**Christine Berliner
Ellen Kelsey
Jessica Wandelt
Dan Wetzel
Kevin Wu**

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