

Subject: [BioAdv] Newsletter 3/20/2018
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From: Bio Dept Majors' Announcements <bioadvising@list.pitt.edu> (sent by BioAdvising <bioadvising-bounces@list.pitt.edu>)
To: bioadvising@list.pitt.edu <bioadvising@list.pitt.edu>
Attachments: ATT00001.txt

Bio Advising Newsletter – 3/20/2018

Fall Enrollment Tips: Plan ahead and create a balanced schedule!

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29. PittHonors Travel Award – deadline Apr 29

CLUBS

Alpha Epsilon Delta

Biology Club
Birding and Ornithology Club
Dental Science Club
Ecology Club
Genetic Counseling Club
Global Brigades
HOSA
Int'l Service Learning Club
Plant2Plate
POMS
Pre-PA Club
Pre-Vet Club
Science Outreach Club
Tri-Beta

*** DETAILS *** DETAILS ***

1. Advising Office Hours on March 26

The Bio Advising Office will close early on Monday, March 26 at 2pm. Please plan accordingly if you still need an advising appointment or have enrollment questions.

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2. Enrollment Advising Meetings (Enrollment starts MONDAY)

Fall enrollment begins MONDAY, March 26! Don't lose a spot in a class because you did not get your Academic Advisement hold removed!

If you cannot make your appointment, please send us at least 24 hours' notice and reschedule. If you completely miss your appointment, you will have to wait until after March 26 to meet with an advisor.

Christine, Ellen, Jessica, and Kevin all have appointment sheets out in A258 Langley Hall. BRING YOUR ADVISING FOLDER WITH AN UPDATED PLAN TO YOUR MEETING.

Not sure if you still have an Academic Advisement Hold? Go to your Student Center. There will be a box on the right that says "Holds". If there is a hold listed, you can click on it for more details on how to get it removed.

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3. Finding Your Enrollment Date

Don't know what day and time you enroll for Fall classes?

Go to your Student Center and look on the right-hand side for the box that says "Enrollment Dates".

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4. Biology Peer Advisors Office Hours in Langley Lobby

Our Biology Peer Advisors who will be holding office hours to share their experiences in the bio department, offer tips, and find answers to your questions!

Office Hours will be held in Langley Lobby at a Reserved Table:

- Tuesdays @ 12:30-1:30pm: Lisa & Michaela
- Wednesdays @ 11am-12pm: Grace & Hana
- Thursdays @ 4-5pm: Hannah & Ramya
- Fridays @ 10-11am: Owen & Nora

FALL ENROLLMENT TIPS: Plan ahead and create a balanced schedule!

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Plan ahead! At this point you've completed both Foundations courses, and maybe you are at the point of signing up for your upper division or higher level electives. As you look at the offerings for various electives, consider taking classes with professors who teach other classes you might be interested in. For example, if you know you want to take Genomics, taught by Dr. Gardner, as your higher level elective, it might be a good idea to take Genetics with Dr. Gardner.

Balance is key! It is no fun taking all science in a semester (as much as we all love science classes) - make sure to spread your science classes across your semesters and add in a few gen-eds, minor, certificate, and/or fun classes each semester!

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5. Walk-In Resume/CV Feedback with Ellen

Ellen will be holding walk-in hours in for resume/CV feedback on Tuesdays and Wednesdays. Bring a copy of your resume/CV if you want to review it with her. If you have a description of a position you are applying for, bring that also!

Where: A257 Langley

When:

- Every Tuesday from 12:30-1:30pm
- Every Wednesday from 3:30-4:30pm

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6. Pitt Bio Blog

Check out the Pitt Bio Blog (<https://pittbioblog.weebly.com/>) to read about the experiences of students in our department - get feedback on classes, hear about exciting research, how students balance all of the activities in their life, and what areas of biology they find interesting.

This week: **Celebrate Women's History Month with Lisa Coe's blog about women in biology.**

We are also accepting posts for our blog! If you would like to share your experiences with the department, please feel free to send topics or entire posts to Jessica at jewandelt@pitt.edu.

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7. Pitt Public Health Information Panel – Mar 28, 4:50-5:30pm, Langley A214

Interested in a career where you can help people? Think medicine or dentistry might not be the best fit for you? Come check out what Public Health has to offer!

We are pleased to welcome the Pitt School of Public Health to teach us more about different career options available to graduates from Public Health graduate programs:

Cindy Bryce, PhD
Associate Dean for Student Affairs
Associate Professor, Health Policy and Management

Joan Anson, MS Ed
Director of Career Services

Ryan Minster, PhD
Assistant Professor, Human Genetics
And a Molecular Biology alum from our department (class of 1998)!

Snacks will be provided! OCC credit for attending!

RSVP here (and give suggestions on snacks!)

<https://www.facebook.com/events/172336256908214/>

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8. Bio Senior Panel: Applying to Grad & Professional Schools – Apr 3, 5:30-6:30pm, Crawford 169

Thinking about applying to Dental school? Medical school? Veterinary school? Public Health grad programs? Bio PhD programs?

Have questions about the process - best classes to prepare? entrance exams? personal statements? interviews? timeline?

Come hear from biology seniors who have just gone through the process and been accepted into different programs! The panel of students will share their experiences and answer your questions.

Snacks will be provided! OCC credit for attending!

RSVP here (and give suggestions on snacks!)

<https://www.facebook.com/events/407469543011253/>

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9. Resume/CV Workshop – Apr 6, 3:30pm, Langley A214

Need help putting your CV/Resume together? Are you applying for summer jobs? You should attend!

Bring a draft of your CV/Resume if you have one. You will have an opportunity to get feedback.

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10. April Senior Recognition Ceremony Info

Are you graduating in April or August 2018 and want to participate our departmental Senior Recognition Ceremony?

Check out the details here: <http://www.biology.pitt.edu/undergraduate/seniorceremony>

The RSVP link is now up! Link here: <https://goo.gl/forms/JVTYyXy3CM1Z8hhs1>

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11. AUG Grad? Don't forget to apply! – Feb 12-Mar 23

Are you a senior who plans on graduating in August? Make sure you go to **140 Thackeray** to pick up AND return your *Application for Graduation*.

Do it between **February 12 & March 23**. It is free during this time. Late applications will be charged a fee!

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12. DEC Grad? Don't forget to apply! – Mar 26-Jul 6

Are you a senior who plans on graduating in December? Make sure you go to **140 Thackeray** to pick up AND return your *Application for Graduation*.

Do it between **March 26 & July 6**. It is free during this time. Late applications will be charged a fee!

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13. Pitt Pulse Spring 2018 Issue

Issue 3 of The Pitt Pulse is here! In this issue, explore medicine behind bars, neuroscience's influence on the last election, failing flu vaccines, the Science vs. Media debate, and so much more! Follow Pitt Pulse on Facebook. Pick up a hard copy in Langley, Chevron, and Hillman ground floor lobbies, as well as the UHC and Neuro advising offices.

Check out the issue here: <http://www.thepittpulse.org/volume-viii-issue-iii>

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14. Free Mindfulness Workshops

Join CDPA and the Stress Free Zone (SFZ) for workshops on how to use Mindfulness in your career development process. Through the series, you will learn about Mindfulness and how it relates to the career

decision making process. During sessions in the SFZ, you will have the chance to practice Mindfulness techniques and gain resources about this subject.

The sessions are split between the CDPA office and the SFZ:

- March 22nd, 11am- 11:50am, Stress Free Zone, 3rd Floor, William Pitt Union
- March 29th, 11am-11:50am, 224 William Pitt Union

More info & register: <https://app.joinhandshake.com/events/131658>

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15. Dietrich School Peer Tutoring Jobs

The Kenneth P. Dietrich School of Arts and Sciences is seeking peer tutors to provide individual and small group tutoring sessions in physics, chemistry, biology and more. Peer tutors work 5-10 hours per week and earn \$10 an hour.

Visit the [Arts and Sciences peer tutor website](#) for more information.

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16. AED Meeting Service Opportunity – Mar 20, 9pm, Cathedral 252

Alpha Epsilon Delta, a pre-health honor society here at Pitt, will be hosting a service opportunity in making cards to send to Cards for Hospitalized Kids which distributes them to children’s hospitals around the country.

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17. Annual Medical Ethics Conference – Mar 23, 8:30am-4:30pm, Scaife Hall

This conference will explore the diverse roles drugs play in the health of individuals and the social and economic “health” of communities and American society. Speakers from the University of Pittsburgh and five other institutions will address ethical, legal, and policy issues associated with myriad uses and users of drugs.

More info & register: <http://bioethics.pitt.edu/medethics18>

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18. Pitt Be A Good Neighbor Day – Mar 24, 9:30am-2pm

The Office of PittServes invites our students, faculty, staff and alumni to participate in our annual Be a Good Neighbor Day to be held on Saturday, March 24, 2018.

Be a Good Neighbor Day aims to create a sense of community on campus and with nearby neighborhoods. This day of service increases civic engagement while enhancing the collaborative power of community service in the Pitt community.

More info & register: <https://pi.tt/neighbor2018>

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19. UPMC Career Week – Mar 26-28

UPMC Week Kick-Off

March 26 | 9 a.m. | WPU Driveway

Enjoy a sweet treat from Sweet Sips Mobile Coffee Bar while learning about the week’s events!

UPMC Office Hours

March 27 | 10 a.m. | 200 WPU

Take a bit of time to learn about the UPMC Campus Programs (Internships), Corporate Full-Time, and Clinical Full-Time.

LinkedIn Intro Program presented by UPMC

March 27 | Noon | 224 WPU

Learn from industry professional about best LinkedIn practices including profile completion, making connections, and applying for jobs and internships.

[UPMC Panther Week Networking Fair](#)

March 28 | 5:30-7 p.m. | WPU Ballroom

Meet recruiters and hiring managers from nine different functional areas!

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20. Summer Job & Volunteer Fair – Mar 28, 1-3:30pm, WPU Ballroom

It's not too late to find a great opportunity for the summer! Meet with recruiters seeking candidates for summer and part-time jobs, internships, and volunteer opportunities. Casual attire is accepted and pre-registration is not necessary.

More info: <https://pitt.joinhandshake.com/events/135603>

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21. Life Sciences Week Registration Open – Apr 16-20

Pittsburgh Life Sciences Week brings together a diverse mix of life sciences groups – researchers, entrepreneurs, large corporations, and investors. To connect and engage across the spectrum – from development in the lab to delivery in the marketplace. To foster the integration of science and business that will accelerate innovation and translate research into commercial opportunities.

This week long series of innovation forums covers a wide range of current and emerging topics in the life sciences. Join us during Pittsburgh Life Sciences Week and learn why Pittsburgh is poised to become a national leader in life sciences.

More info & register: <https://www.lifesciencespittsburgh.com/life-sciences-week-2018/>

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22. Kaplan Med School Prep Week – Mar 26-29

Gear up for Kaplan’s Med School Prep Week! The offered online prep sessions include:

- March 26, 8-10pm: So You Wanna Be a Doctor?
- March 27, 9-11pm: Personal Statement Workshop
- March 28, 7-9pm: Real Talk: How I Got In
- March 29, 9:30-11:30pm: MCAT Bootcamp

Reserve a spot at <http://bit.ly/PittPPAA>

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23. WVU Health Professions Fair – Mar 28, 2-6pm, WVU

The Pre-Health Professional Development Office at West Virginia University is excited to announce the return of the annual Health Professions Fair to be held March 28, 2018. This year, health professional schools will have the opportunity to meet and interact with students from WVU and neighboring institutions interested in all health professions.

More info & register: <https://prehealth.wvu.edu/home/health-professions-fair>

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24. Pitt Pre-Health Summit – Apr 7, 9am-3:30pm, WPU

The 2nd annual Pitt Pre-Health Summit will be held on April 7th, 2018. This will be an interprofessional conference for all pre-health students (pre-dental, pre-PA, pre-medical, and more) featuring keynote speakers Dr. Martin Makary.

There will also be breakout sessions held by many different organizations: Pitt Nursing's EKG workshop, an OB/GYN led discussion on maternal mortality hosted by POMS, Bleed Control simulation with Pitt SEMS, and much more!

At the admissions fair, you will be able to network with the Pitt Professional Schools as well as more schools

and organizations. The time of year will be ideal, as it is just before most apply to professional school!

More info & register: <https://www.eventbrite.com/e/pitt-pre-health-summit-2nd-annual-tickets-43098688337>

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25. Medical/Dental School Mock Interview Sign-Up – Apr 8

Are you applying to medical or dental schools this cycle? The medical/dental students will be assisting you as you prepare to apply to medical/dental school by offering mock interviews on Sunday, April 8. Please select the time slot that best fits your schedule. The deadline to sign-up is Monday, April 2. (Interviews are limited to those students applying in the next cycle (May/June 2018)).

Sign up here: <https://goo.gl/forms/86YFELtDRjEOrSYw1>

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26. ACC Academic Consortium Fellows Program – deadline Mar 30

Since Pitt is a member of the Atlantic Coast Conference (ACC), Pitt students are eligible to participate in the ACC Academic Consortium (ACCAC) Fellows Program in Creativity and Innovation. This opportunity recognizes and financially supports undergraduates involved in student-driven projects at each of the ACC member campuses.

Criteria for awards include, but are not limited to:

- Originality
- Creativity
- Innovation
- Experimentation
- Intellectual risk

Projects supported may include team-driven activities or individual projects, multi-school ventures, artistic endeavors, videos, and creative projects abroad.

The project must result in a deliverable that can be submitted to the ACC—some examples include an audio or DVD recording, photographs or video of a model or display, a written document, and a computer or web application.

More info & apply: <https://upitt.infoready4.com/#competitionDetail/1769635>

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27. Fall 2018 Chancellor’s Undergrad Research Fellowship – deadline Mar 30

The Chancellor's Undergraduate Research Fellowship is intended to support student involvement in independent research under the direction of a faculty mentor. Up to ten \$800 fellowships, administered by the University Honors College (UHC), are offered to encourage the enrichment of the students' experience in defining objectives and selecting methodologies appropriate to original research in their chosen field of study. The fellowships are available for one term, either fall or spring.

More info & apply: <https://upitt.infoready4.com/#competitionDetail/1767801>

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28. Fall 2018 THINK Fellowships – deadline Mar 30

T.H.I.N.K.: Trans-disciplinary Honors Inquiries in New Knowledge

This Fellowship aims to:

1. Provide students an opportunity to intellectually engage with a variety of subjects across the humanities, arts, social sciences, and natural sciences.
2. Facilitate topical, conceptual, and even abstract connections across disciplines.
3. Promote critical thinking about different forms of research, scholarship, and creativity, and about research methods.
4. Develop students’ ability to communicate to a broad audience.

5. Increase students' awareness of research funding structures and processes.

The Fellowship supports University of Pittsburgh undergraduates who conduct an independent research project, participate in an interdisciplinary weekly seminar in which Fellows present and discuss their projects, and attend a series of faculty talks, workshops, and panel discussions. The fellowship awards a stipend of \$1000; in addition, it requires students to register for 1 credit of research. Please note that if the 1 credit pushes a fellowship winner over 18 credits, with special permission the Fellow may register for this credit in a later term.

More info & apply: <https://upitt.infoready4.com/#competitionDetail/1767811>

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29. PittHonors Travel Award – deadline Apr 29

PittHonors will award up to \$500 for students presenting at conferences. Students must be honors eligible (3.5 GPA), provide a copy of their invitation to present, and attach a faculty letter of support. Travel funds are awarded on a first-come basis until the annual budget is exhausted. Students may receive the PittHonors travel award only once.

More info & apply: <https://upitt.infoready4.com/#competitionDetail/1765958>

*** **CLUBS** *** **CLUB*****

Alpha Epsilon Delta (Pre-Health Honor Society)

Spring 2018 Meetings: 3/20, 4/10
When: 9pm
Where: Cathedral 252

www.facebook.com/groups/460303130666256
AED.pitt.1926@gmail.com

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Biology Club
www.facebook.com/groups/upittbiologyclub
upittbiologyclub@gmail.com

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Birding and Ornithology Club
www.facebook.com/groups/302359673107538/
pittbirdingclub@gmail.com

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Dental Science Club
www.facebook.com/groups/pittdentalscienceclub
IG: @pittdentalscience club
pittdentclub@gmail.com

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Ecology Club
<https://www.facebook.com/groups/659750684140193/>
ecologyclubpitt@gmail.com

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Genetic Counseling Club
<https://www.facebook.com/groups/geneticcounselingclub/>
pittgeneticcounselingclub@gmail.com

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Global Brigades
<https://www.facebook.com/PittGB>

<http://pittglobalbrigades.weebly.com/>
pitt@globalbrigades.org

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HOSA

<https://www.facebook.com/pitthosa/>
pitthosa@gmail.com

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International Service Learning Club

<https://www.facebook.com/pittisl/>
islpitt@gmail.com

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Plant2Plate

<http://www.pitt.edu/~sorc/plant2plate/index.html>
<https://www.facebook.com/PittPlant2Plate/>
plant2plate@gmail.com

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POMS

<http://www.poms.us>
<https://www.facebook.com/groups/pomspitt/>
pomspitt@gmail.com

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Pre-PA Club

<https://www.facebook.com/groups/523230964458833/>
pittppaa@gmail.com

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Pre-Vet Club

<https://www.facebook.com/groups/441907539257843/>
pittprevet@gmail.com

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Science Outreach Club

www.pittscienceoutreach.com
<https://www.facebook.com/groups/219923878379839/>
SCIROCKS@pitt.edu

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Tri-Beta, Biological Honors Society

<http://pitttribeta.weebly.com/>
tribeta.universityofpittsburgh@gmail.com

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Until next week,

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