

Subject: [BioAdv] Newsletter 9/12/2017
Date: Tuesday, September 12, 2017 at 1:52:31 PM Eastern Daylight Time
From: For distribution of newsletters and announcement to majors in the Department of Biological Sciences (sent by BioAdvising <bioadvising-bounces@list.pitt.edu>)
To: For distribution of newsletters and announcement to majors in the Department of Biological Sciences
Attachments: ATT00001.txt

Bio Advising Newsletter – 9/12/2017

OVERVIEW (See below for details)

ADVISING

1. Advising Meetings, spring enrollment prep
2. Walk-In Resume/CV Feedback with Ellen
3. Follow us on Social Media!
4. Walk-In for S/NC Questions Next Week
5. S/NC Grade Option – deadline Sept 22

CHECK IT OUT

6. Academic Success Workshops
7. Summer Study Abroad Scholarships
8. Fall Volunteer Fair – Sept 13 (**TOMORROW**)
9. Panel: Applying to Graduate School – Sept 15
10. Pitt Birding Club Outing – Sept 16
11. Fall STEM Career Fair – Sept 19-20
12. Healthy U Fair – Sept 25

PRE-HEALTH ADVISING

13. Health Professions Advising Walk-In Hours
14. Medical & Dental Applicant Mock Interviews

HEALTH-RELATED

15. Vida Volunteer Health Professions Abroad Trip
16. NY Chiropractic College Info Session – Sept 13 (**TOMORROW**)
17. Public Health Graduate School Fair – Sept 14
18. Palmer College of Chiropractic Dinner Event – Sept 20
19. Pitt POMS Annual Pre-Health Conference – Sept 23
20. UPMC Mass Casualty Exercise Volunteering – Oct 5

RESEARCH-RELATED

21. Science 2017 Poster Registration – deadline Sept 18
22. Chancellor's Undergrad Research Fellowship (Spring) – deadline Oct 13

*** **DETAILS** *** **DETAILS** ***

1. Advising Meetings, Spring Enrollment Prep

Spring Enrollment advising meetings have begun! Stop by A258 Langley and sign up to meet with an advisor now! *New Declares need to attend a group advising meeting first.*

Advising meetings will take about 30 minutes. **Please bring your blue advising folder to your scheduled meeting.**

Remember that we also take walk-ins for quick questions.

=====

2. Walk-In Resume/CV Feedback with Ellen

Ellen will be holding walk-in hours in for resume/CV feedback on Thursdays starting this week. Bring a copy of your resume/CV if you want to review it with her!

Where: A257 Langley

When: Every Thursday from 10:30-11:30am

=====

3. Bio Advising is on Social Media!

In addition to newsletter items, want to stay up to date with bio advising news/shares and other happenings around campus? Follow us on social media!

@PittBioAdv

FB: <https://www.facebook.com/pittbioadv/>

Twitter: <https://twitter.com/PittBioAdv>

Instagram: <https://www.instagram.com/pittbioadv/>

=====

4. Walk-In for S/NC Questions Next Week

The BIOSC advisors will be holding open walk-in hours next week if you have questions about changing grade options to Satisfactory/No Credit before the grade option change deadline.

Thurs, Sept 21: 10-11am

Thurs, Sept 21: 2:30-3:30pm

Fri, Sept 22: 11am-12pm

Fri, Sept 22: 2-3pm

=====

5. S/NC Grade Option – deadline Sept 22

You can change your grade option by filling out a form in 140 Thackeray Hall.

"Certain courses are offered on the S/NC (Satisfactory/No-Credit) grade option. This option was designed to encourage students to explore new and potentially difficult subjects without fear of the risks of failure. Under this option, a student who does satisfactory work (a grade of C or better) in a course receives the grade of S. If the student's work is not satisfactory (a grade of C- or lower), the grade of NC (No Credit) is given. Courses for which an S is received are counted toward graduation, but are not computed in the GPA. Courses in which an NC is received are counted toward neither graduation nor the GPA."

=====

6. Academic Success Workshops

In-Person Workshops:

- Wed, Sept 13 at 4pm: Time Management
- Tues, Sept 19 at 4pm: Study Skills Boot Camp
- Tues, Oct 3 at 6pm: Study Smarter, Not Harder
- **Tues, Oct 10 at 5pm: How to Succeed in the Sciences**
- Wed, Oct 18 at 4pm: Study Skills Boot Camp
- Fri, Oct 20 at 2pm: Time Management

Online Workshops:

- Reading Comprehension Strategies
- Study Tips & Note-Taking Strategies
- How to Reduce Test Anxiety
- Learning Strategies Every Student Should Know
- 10 Habits of Mind for College Success
- Academic Integrity: The Do's and Don'ts
- Time Management: Strategies for Success
- Setting & Accomplishing Realistic Goals

More info & register for workshops: <https://www.asundergrad.pitt.edu/connected-community/academic-success-workshops>

=====

7. 2018 Summer Study Abroad Scholarships

Attend a summer study abroad scholarship info session to learn more about scholarships available. Info sessions are 1 hour in length. Upcoming info sessions are listed below. Contact the Study Abroad Office for more sessions.

Fri, Sept 22 at 2:30pm in CL 304

Tues, Sept 26 at 12pm in CL 501

Wed, Oct 11 at 1pm in CL 501

=====

8. Fall Volunteer Fair – Sept 13, 12-3pm, WPU

The 23rd Annual Fall Volunteer Fair helps to connect Pitt student volunteers with community agencies offering volunteer opportunities.

=====

9. Panel: Applying to Graduate Schools – Sept 15, 3:30-5pm, 4217 Posvar

UCIS International Career Toolkit Series: Successfully Applying to Graduate School

Are you looking to apply to graduate school this year or possibly in the future? Attend this informative panel for tips from graduate school admissions experts on questions to ask about funding, how and when to apply, insights on writing personal statements, and other do's and don'ts of applying for graduate school.

Featuring:

- Meme Jeffries, Director of Financial Aid, School of Law
- Emily Rook-Koepsel, Asst. Director for Academic Affairs, UCIS Asian Studies Center
- Kelly Urban, Visiting Lecturer, Department of History
- David Fortna, Associate Director of Admissions, Heinz College of Information Systems and Public Policy, Carnegie Mellon University
- Michael Rizzi, Director of Student Services, GSPIA

=====

10. Pitt Birding Club Outing – Sept 16, 11:30am, Schenley Plaza

Pitt Birding Club first outing of the semester will be this Saturday, September 16, at Schenley Park. Meeting time is at 11:30 AM in Schenley Plaza underneath the tented area, then walk down to the park together. **Please RSVP to Amber Brownstein** at pittbirdingclub@gmail.com if you are interested in attending and let Amber know if you need a pair of binoculars.

=====

11. Fall STEM Career Fair – Sept 19-20, 11-3pm, WPU

- Explore internship and full- and part-time employment opportunities.
- Meet with representatives from local, regional, and national nonprofits, corporations, and government agencies.
- Earn OCC credit.
- Wear professional attire (no jeans permitted).
- Bring plenty of resumes.

More info: https://pitt.joinhandshake.com/career_fairs/1635/student_preview

=====

12. Healthy U Fair – Sept 25, 10am-2pm, WPU

Pitt has announced 2017-18 to be the Year of Healthy U!

The Healthy U is designed to help you realize your optimal state of wellness. True wellness is more than just physical health—it’s the integration of all aspects of your life, including your emotional, intellectual, spiritual, social, and financial well-being. By providing you with dynamic programming and extensive resources, the HealthyU serves as a pathway to optimal health, balance, and wellness.

=====

13. Health Professions Advising Walk-In Hours

Have health professions questions for Andrea Abt or Angela Illig?

Health Professions Advising will hold walk-in hours for “Quick Questions” on Wednesdays from 9:30 – 10:30 AM in LANGY A208.

=====

14. Medical & Dental Applicant Mock Interviews

This opportunity is limited to medical and dental students applying this cycle (right now).

Please select a day/time using the attached link: <https://goo.gl/mQvFjB> to schedule a faculty interview.

It will be your responsibility to contact the faculty member to both send a copy of your resume and to ask the location of their office.

Attire should be business casual or formal. Please write a thank you note to your interviewer afterwards – you may use email.

=====

15. Vida Volunteer Health Professions Abroad Trip

Got plans for Spring Break yet? It is not too early to start thinking! Why not volunteer abroad with Vida Volunteer?

Vida Volunteer is designed to help impoverished communities in Central America, while giving volunteers around the world an interactive, cultural, and engaging experience that will help them become better physicians, dentists, veterinarians, and nurses.

This trip will be located in Guatemala from March 3-11 (during Pitt’s Spring Break). Health programs will include an orientation in to learn to take vitals, work with patients, learn common diseases and symptoms, and treat patients. Programming will include clinical work, case discussions, doctor interactions, and recreational activities!

Want more details on cost and other logistics or experiences from a fellow student? Contact Danica Pratta at DLP60@pitt.edu

=====

16. NY Chiropractic College Info Session – Sept 13, 7-8pm, A219A Langley

- Love Anatomy? Want a Hands-On Career in Health Care?

Check out this INFO SESSION about NYCC's [Doctor of Chiropractic](#) (DC) and their MS programs, [Applied Clinical Nutrition](#), [Human Anatomy and Physiology Instruction](#), [Clinical Anatomy](#), [Diagnostic Imaging](#), [Acupuncture and Oriental Medicine](#)

Brian Becker, Senior Admissions Counselor, will talk about chiropractic careers, the DC and the DC/MS programs, admissions requirements, and have an open Q&A.

Questions? Contact Brian Becker at bbecker@nycc.edu
More info: <http://www.nycc.edu/>

=====

17. Public Health Graduate School Fair – Sept 14, 5:30-7:30pm, Parran Hall

- The Association of Schools and Programs of Public Health will host a FREE graduate school fair on Thursday, September 14. There will be representatives from various schools and programs as well as a member from the SOPHAS team to answer all of your application questions. This is a great opportunity to learn more about *CEPH-accredited* schools and programs of public health at one convenient location!

To register: <https://thisispublichealth.org/event/public-health-grad-fair-pittsburgh-pa/>

=====

18. Palmer College of Chiropractic Dinner Event – Sept 20, 6-8pm, Bravo Cucina Italiana

- Palmer College of Chiropractic is hosting a complimentary prospective student dinner event on Wednesday, September 20th, 2017 from 6:00 pm – 8:00 pm at Bravo Cucina Italiana 4976 McKnight Road. The dinner is open to students who are seeking careers in the health professions. This event is also welcome to health professions advisors and faculty members who look to receive more information about chiropractic when advising students on health profession careers.

Guest Speaker Dr. Sean Gallagher will discuss his experience at Palmer, his experience in the chiropractic professions, and host a Q&A session.

Registration is required for this event – the deadline is Friday, September 15th.

To register: <https://goo.gl/JTnYaA>

=====

19. Pitt POMS Annual Pre-Health Conference – Sept 23, 1:30-8pm

- The POMS 11th Annual Pre-Health Conference is coming up on September 23, 2017! This is a great opportunity for all pre-health students to learn about the different fields available and make important connections with local professionals. The official flyer is attached in the email.

More info & register: <https://www.eventbrite.com/e/11th-annual-pre-health-conference-tickets-35422897841>

=====

20. UPMC Mass Casualty Exercise Volunteering – Oct 5, 8-11am

- Pittsburgh's hospitals are an integral part of the Pittsburgh area emergency response to disasters. Disasters often correlate to victims and so UPMC hospitals must be prepared to support their community by continuing to provide quality patient care and treatment. On October 5th, UPMC Presbyterian is holding an exercise to test the hospital's ability to support a large-scale mass casualty incident. As a volunteer, your role will be to

represent one of the disaster victims.

When: Thursday, October 5, 8:00 – 11:00 AM. Be at the staging area by 08:00 AM. Exercise will officially begin at 09:00 AM and conclude at 11:00 AM.

Where: Parking will be at the *Presbyterian Hospital Parking Garage / Terrace Street Entrance* lot. Get to the parking lot a little early. It may take up to 15 minutes to find your way to the Disaster Volunteer/victim Staging Area. Parking will be free for exercise volunteers, simply let the Security guard know that you are here for the disaster exercise.

Volunteers/victims will report to the Disaster Volunteer Staging Area at Scaife Hall (a.k.a. Pitt School of Medicine), 4th Floor, Lecture Hall #1.

The exercise incident scenario involves a vehicle driving into a crowd coupled with an active shooter situation. Volunteers will be asked to represent victims that may have blunt force injuries, head trauma, gun-shot wounds, psychological trauma, or a combination of these. If for any reason, you are uncomfortable portraying a specific type of injury, all you have to do is let your exercise volunteer coordinator know.

- Refrain from wearing jewelry, watches, or other valuables.
- Please do not bring electronics other than your cell phone.

If there are questions regarding the exercise, your role in the exercise or your ability to volunteer, please feel free to contact Andrew Varner, UPMC Presbyterian-Shadyside, Emergency Management Coordinator, at (412) 647-6409 / (724) 552-7522

=====

21. Science 2017 Poster Registration – deadline Sept 18

Hoping to share your research at a poster session during Science 2017?

For more details and to register your poster: <http://www.science2017.pitt.edu/posters.htm>

For undergraduate poster inquiries, please e-mail Maryann Gray at academic@pitt.edu.

=====

22. Chancellor’s Undergrad Research Fellowship (Spring) – deadline Oct 13

The Chancellor's Undergraduate Research Fellowship is intended to support student involvement in independent research under the direction of a faculty mentor. Up to ten \$800 fellowships, administered by the University Honors College (UHC), are offered to encourage the enrichment of the students' experience in defining objectives and selecting methodologies appropriate to original research in their chosen field of study.

The fellowship application for the spring term is available.

More info & application: <http://www.honorscollege.pitt.edu/curf>

=====

Until next week,

Christine Berliner

412-624-4819

christin@pitt.edu

Ellen Kelsey

412-624-0421

ellen.kelsey@pitt.edu

Jessica Wandelt

412-624-7192

jewandelt@pitt.edu

Kevin Wu
412-624-4273
kevinwu@pitt.edu

Advisors, Biological Sciences
A258 Langley Hall
University of Pittsburgh