

**Subject:** [BioAdv] summer advising hours; snack break; finals survival  
**Date:** Tuesday, April 25, 2017 at 3:07:35 PM Eastern Daylight Time  
**From:** For distribution of newsletters and announcement to majors in the Department of Biological Sciences (sent by BioAdvising <bioadvising-bounces@list.pitt.edu>)  
**To:** For distribution of newsletters and announcement to majors in the Department of Biological Sciences  
**Attachments:** ATT00001.txt

**Bio Advising Newsletter – 4/25/2017**

**OVERVIEW (See below for details)**

**ADVISING**

1. Summer Advising Office Hours
2. Snack Break – **This Week**

**FINALS SURVIVAL**

3. Stress Free Zone
4. Pitt Program Council: De-Stress B4 the Tests

**SUMMER VIRTUAL HEALTH FAIRS**

5. ADEA GoDental Virtual Fair – May 21 & Jun 15
6. Optometry Virtual Fair – Jun 14
7. Physician Assistant Virtual Fair – Jul 18-19

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\*\*\* **DETAILS** \*\*\* **DETAILS** \*\*\*  
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**1. Summer Advising Office Hours**

The Advising Office will be open all summer, staffed by Christine and Kevin. (Ellen and Jessica return in September).

Christine and Kevin will be available for walk-ins and appointments in A258 Langley, Monday-Friday from 10am-4pm.

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**2. Snack Break – This Week**

Join us in the Advising Office (A258 Langley) for some free snacks during finals week.

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**3. Stress Free Zone**

Looking to de-stress before finals week? Check out the Stress Free Zone in WPU for a list of classes and walk-in hours!

Stress Free Zone April Calendar: <https://www.studentaffairs.pitt.edu/shs/stressfree/calendar/>

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**4. Pitt Program Council: De-Stress B4 the Tests**

Student Affairs welcomes students to “De-Stress B4 the Tests” with activities happening daily!

Check here for more: <https://www.facebook.com/pg/pitt.programcouncil/events/>

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**5. ADEA GoDental Virtual Fair – May 21 & Jun 15**

Thinking about applying to dental school? Want to learn more about dentistry? The 2017 ADEA GoDental Virtual Fairs are two days of FREE, LIVE, ONLINE events where prospective applicants can visit multiple virtual dental school booths—without travel or registration fees.

More info and register: <http://www.adea.org/gdvf17/>

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**6. Optometry Virtual Fair – Jun 14**

Not familiar with virtual fairs? They’re a way to connect with programs right from your computer or phone.

You can visit each program’s “room” and have direct access to faculty and staff. Learn more about programs, get application tips, and find out about admission requirements. You’ll also have access to a CASPA representative so you can get details about the application process. The best part? It’s **FREE!**

[Register Now](#)

Have questions? Email [events@careereco.com](mailto:events@careereco.com)

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**7. Physician Assistant Virtual Fair – Jul 18-19**

Not familiar with virtual fairs? They’re a way to connect with programs right from your computer or phone.

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[Register Now](#)

Have questions? Email [events@careereco.com](mailto:events@careereco.com)

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**Until next fall,**

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