Biology Advising Newsletter 10/13/2015

Would you prefer to download a PDF version of this newsletter (or previous newsletters)?
Go Here: http://biology.pitt.edu/undergraduate/advising-and-support/newsletters-arc

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OVERVIEW (See below for details)

ADVISING
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2. Are you currently abroad?
3. Final Exams, Resolving Schedule Conflicts - deadline Oct 23
4. Monitored Withdrawal - deadline Oct 30
5. Spring Term Enrollment Dates

CHECK IT OUT
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7. Academic Skills Workshops

CAREER & INTERNSHIPS
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9. Summer Research: University of Michigan Med School - due Jan 15

CLUBS
Biology Club
Birding & Ornithology Club
Ecology Club
Optometry Club
Panther Cure Finder
Pitt Outdoors Club
POMS
Pre-Vet Club
TRI-BETA

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*** DETAILS *** DETAILS ***
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1. Pre-enrollment Advising Meetings

We are filling up! If you haven’t already, sign up for your advising meeting now! Use the appointment sheets in A258 Langley.

PLEASE! Be mindful when selecting a time, to prevent missing your appointment.
If you miss an appointment, you need to reschedule AFTER October 26.

Even though the Advising Office is currently short-staffed, we want to serve each of you as you prepare for spring registration.

So, a few advising options this semester:

1) Double-majors
If you feel comfortable meeting with your other major’s advisors to get your spring Advising Hold lifted, we would appreciate it. New Declares, please still come see us this semester:

~ar~
2) **Standard 30-minute appointments with Christine Berliner, Ellen Kelsey, Suzanna Gribble, or Valerie Oke.**
Please use the appointment sheets in A258 Langley Hall.

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3) **Short 20-minute evening appointments with Christine**
Only Monday, Tuesday, and Wednesday evenings. YOU MUST BE PREPARED for these appointments. If you sign up for one then bring all your advising materials and a good grip on your plans!

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2. **Are you currently abroad?**

To get your advising hold lifted, email us the following:
- name
- PeopleSoft #
- All classes you plan for spring (department code + 4-digit catalog number)
- Email subject line: Advising from Abroad (Your first and last name)

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3. **Final Exams, Resolving Schedule Conflicts - deadline Oct 23**

If you have THREE FINALS on the SAME DAY (or 24 hour period), you should work with your professors to see if one can accommodate you.

1. Complete an Exam Conflict Accommodation Form, on which The Registrar confirms that you have 3 finals on the same day (link below). [http://www.registrar.pitt.edu/courseclass.html#collapseOne](http://www.registrar.pitt.edu/courseclass.html#collapseOne)
2. Take this form to your professors to see if any one can accommodate you.
3. If no professor will move your exam, then the Registrar will select which exam is to be moved.

If you need the Registrar's help, you must have completed the form and contacted all your professors first!

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4. **Monitored Withdrawal Deadline - Oct 30; 140 Thackeray**

The Monitored Withdrawal form required to withdraw from a class is ONLY available in 140 Thackeray. No permission is necessary if the form is turned in before the deadline. If you withdraw from a class the grade "W" will be recorded on your term grades and transcript for that class."W" grades do not count toward a student’s degree, grade point average, or academic progress for purposes of financial aid eligibility. There is no tuition adjustment associated with a class withdrawal.

After the Oct 30 Deadline, you can only file an "Appeal for Late Withdrawal." The A&S Undergraduate Deans will decide whether to grant it. You need a really good reason to justify a late withdrawal.

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5. **Spring Term (2164) Enrollment Dates**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Oct 1</td>
<td>PeopleSoft Self-Enroll: date &amp; time of your online &quot;enrollment appointment&quot; viewable in Student Center.</td>
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<tr>
<td>Oct 12</td>
<td>PeopleSoft &quot;Class Search&quot; for Spring available to students</td>
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<tr>
<td>Oct 14</td>
<td>Course Descriptions (<a href="http://courses.as.pitt.edu">courses.as.pitt.edu</a>) viewable to students</td>
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<tr>
<td>Oct 23</td>
<td>Veteran’s enrollment appointments begin</td>
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<tr>
<td>Oct 26</td>
<td>First day of 2164 enrollment appointments</td>
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<tr>
<td>Nov 6</td>
<td>Last day of 2164 enrollment appointments</td>
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<td>Nov 7</td>
<td>Open enrollment for 2164</td>
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6. **October is Mental Health Awareness Month at Pitt**

IF YOU ARE FEELING  anxiety, stress, or perhaps experiencing symptoms of depression …
TALK TO SOMEONE YOU TRUST:
Friends, Family, Roommate, RA, Advisor, Doctor, Counselor

IF YOU ARE FEELING DISTRESSED, please call the University Counseling Center at 412-648-7930 and tell them you need to speak with someone today, or visit the Wellness Center (second floor of Nordenberg Hall).

7. Academic Workshops

- Learning Styles & Test Preparation - Oct 14, 10am-11am
- Learning Styles & Test Preparation - Oct 14, 1pm-2pm
- Time Management - Oct 15, 6pm-7pm
- Stress Management - Oct 20, 6pm-7pm
- Learning Styles & Test Preparation - Oct 23, 2pm-3pm
- Study Smarter, Not Harder - Oct 28, 6pm-7pm

Free, but seating is limited. Light refreshments will be served. Reserve your seat: http://www.asundergrad.pitt.edu/arc/study-skills-workshops-and-consultations

8. Genetic Counseling Presentation - Oct 23, 8:30am-noon, David L. Lawrence Convention Center

National Society of Genetic Counselors is meeting in Pittsburgh later in October. At this free event, students will have the opportunity to speak with genetic counselors, hear from genetic counseling graduate program directors from all over the country, and listen to a panel of genetic counselors discuss their different areas of practice. Students will also participate in an activity that simulates a genetic counseling session. This event is perfect for students who are interested in a career in genetic counseling, or would like to learn more about the career.

To register, email Katlin Allsbrook ASAP at krallsbr@ncsu.edu

9. Summer Research: University of Michigan Med School - due Jan 15

Michigan's Medical Scientist Training Program is sponsoring the "UM-SMART" summer program is designed to provide an opportunity for highly motivated and talented undergraduates interested in careers as physician scientists to enhance their science and academic skills.

The program is targeted towards students who are from geographically, culturally or educationally disadvantaged backgrounds, students who have experienced financial hardship, and students with disabilities. Applicants should have completed at least their freshman undergraduate year.

The main focus of the program is full-time research in a biomedical laboratory, but the program also includes physician shadowing, an MCAT prep course, and an opportunity to attend bi-weekly seminars and a 2 day MSTP retreat in August.

Receive a stipend of $4400, plus housing, and transportation.

http://medicine.umich.edu/medschool/education/mdphd-program/um-smart-undergrad-summer-program

BIOLOGY CLUB - Tuesdays, 8:30pm
10/20, 11/3, 11/17, 12/1

BIRDING & ORNITHOLOGY CLUB
PittBirdingClub@gmail.com
www.facebook.com/groups/302359673107538

ECOLOGY CLUB - Wednesdays, 8:45pm, 540 WPU
pittecolgycub@gmail.com

Note:
Due to the clash with homecoming, we decided to pick a new date for our camping trip based on your availability. At the meeting Wednesday we will have a checklist of dates in hopes that you all will attend and pick one that works for you! Please do attend the meeting so we can make this event a success!
Also, this Wednesday, we will be preparing poster boards for our Fall fundraising that we plan to host the week of 10/25. We hope to, with your help, choose from a list of organizations at the meeting to donate a portion of our proceeds to!

Lastly, we are still working on a Zoo trip and will hope to have more information on this very soon.

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OPTOMETRY CLUB
pittoptclub@gmail.com
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PANTHER CURE FINDER
questions: MNW17@pitt.edu
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PITT OUTDOORS CLUB
https://www.facebook.com/PittOutdoorsClub
http://pittoutdoors.blogspot.com/
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POMS
Premedical Organization for Minority Students
www.poms.us
pomspitt@gmail.com
https://list.pitt.edu/mailman/listinfo/poms
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PRE-VET CLUB - Alternate Thursdays, 7:30pm, Langley Hall
9/24, 10/8, 10/22, 11/5, 11/19, 12/3
pittprevet@gmail.com
https://www.facebook.com/groups/441907539257843/
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TRI-BETA - Alternate Tuesdays in Langley A224
9/15, 9/29, 10/13, 10/27, 11/10
www.facebook.com/groups/tribetapitt
tribeta.universityofpittsburgh@gmail.com
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Until next week,

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BioAdvising@list.pitt.edu
https://list.pitt.edu/mailman/listinfo/bioadvising